

Relationships Education COMPULSORY — PARENTS CANNOT WITHDRAW <i>(Delivered through Kapow’s Families & Relationships, Citizenship and Safety strands)</i>	Health Education COMPULSORY — PARENTS CANNOT WITHDRAW <i>(Delivered through Kapow’s Health & Wellbeing and Safety & the Changing Body strands)</i>	Science Curriculum COMPULSORY — PARENTS CANNOT WITHDRAW	Sex Education NOT COMPULSORY — PARENTS CAN WITHDRAW (Y6 ONLY)
<p>All pupils learn:</p> <ul style="list-style-type: none"> • Characteristics of healthy family life: love, commitment, care and spending time together. • That families vary and all deserve respect. • The importance of stable, caring relationships (including marriage) for wellbeing. • How to recognise if family relationships are making them feel unsafe and how to seek help. • Boundaries, consent, privacy and appropriate/inappropriate contact. • How to report concerns confidently using correct terminology. 	<p>All pupils learn:</p> <ul style="list-style-type: none"> • Key facts about puberty and the emotional and physical changes from ages 9–11. • Menstrual wellbeing and how to manage periods confidently. • How to stay healthy physically and mentally. • How to seek help for themselves or others. • How to keep themselves safe (including online). <p>Our school provides appropriate arrangements to support menstrual needs.</p>	<p>All pupils learn to:</p> <p>Year 1</p> <ul style="list-style-type: none"> • Identify, name and label basic body parts and the five senses. • Observe how animals and humans grow and change. <p>Year 2</p> <ul style="list-style-type: none"> • Understand life cycles and that offspring grow into adults (without sexual detail). <p>Year 5</p> <ul style="list-style-type: none"> • Describe human development, including puberty, in more detail. <p>The science programme DOES allow correct anatomical language and does not prohibit naming body parts.</p>	<p>Holy Trinity follows the Kapow curriculum and the approach set out in our RSE Policy (Oct 2025).</p> <p>We teach two non-statutory Year 6 lessons within <i>Safety and the Changing Body</i>:</p> <ol style="list-style-type: none"> 1. Conception 2. Pregnancy and Birth <p>These lessons include:</p> <ul style="list-style-type: none"> • How a baby is conceived (with age-appropriate language and optional resources). • What sexual intercourse is <i>in the context of adult relationships</i>, using accurate vocabulary. • IVF and assisted conception (age-appropriate). • How pregnancy develops and how a baby is born. • The importance of love, commitment and marriage in the Christian ethos of our school. • That some people choose not to have sexual relationships and this is also a positive choice. <p>Our RSE policy also states:</p> <ul style="list-style-type: none"> • Children learn about the legal age of consent and the purpose of this law. • Safety, consent and healthy boundaries are emphasised throughout. • Teachers use discretion with videos and always ensure they are appropriate for the class.

Christian Ethos and Moral Framework

In line with the **Church of England Charter**, our teaching:

- Shows respect for all families and backgrounds.
- Teaches RSE in a way that is sensitive, inclusive and rooted in Christian values.
- Emphasises dignity, respect, responsibility and safe, healthy relationships.
- Encourages thoughtful, age-appropriate moral reflection.

Safeguarding and Vocabulary

As required by the DfE (July 2025 guidance) and used throughout Kapow:

- Children are taught **correct anatomical vocabulary** for safeguarding purposes.
- They learn how to recognise unsafe situations.
- They learn how to report concerns and keep trying until they are heard.

This includes safeguarding topics like FGM where appropriate and risk-relevant

Withdrawal Rights at Holy Trinity

Parents may withdraw their child **ONLY** from:

- The two Year 6 Kapow lessons:
 - *Lesson 5: Conception*
 - *Lesson 6: Pregnancy and Birth*

Parents **cannot** withdraw their child from:

- Relationships Education
- Health Education
- Puberty teaching
- Science curriculum coverage